



**City of Fort Lauderdale 401(a) Defined Contribution Plan Retirement Guide**

Contact MissionSquare to discuss distribution options for your 401(a) account:

Phone: 800-669-7400 | Advisor: Miguel Hidalgo - 202-759-7075

Web: <https://www.msqplanservices.org/GATEWAY/FL/109430>

**For coordinating other aspects of your retirement within the City:**

- **Accrued Leave Time Payouts** – Contact your timekeeper to coordinate any payouts or use of vacation prior to your retirement date.
- **Supplemental Health Benefit (Stipend)** – You must contact the Benefits division regarding your eligibility for a benefit stipend designed to help subsidize the cost of health insurance.
- **Continuation of Health Insurance** – The Benefits Division will assist you with enrolling in retiree medical, dental, and vision coverage. 401(a) retirees pay premiums directly each month by check. Contact the Benefits Division with any with any insurance questions.



**Timekeeper**



**Benefits  
Division**



<b>HR / Benefits Division:</b>			
(Last names starting A through L) (Last names starting M through Z)	Shane Meehan	954-828-5116	<a href="mailto:healthyliving@fortlauderdale.gov">healthyliving@fortlauderdale.gov</a>
	Yslande Agenor	954-828-5188	

- **Life Insurance and/or Long-Term Disability** – You may convert your coverage to an individual policy with The Standard (888-937-4793). You must apply and pay the first premium within 60 days following your retirement.
- **Flexible Spending Account (FSA)** – You may not rollover your FSA through TASC (800-4220-4661) to retiree coverage. Your options are to either spend out any remaining balance prior to the end of the month in which you retire or elect to continue FSA coverage under COBRA, which is also administered by TASC.
- **Voluntary Benefits** – You have the option to convert or port your Voluntary Benefits to an individual policy. You must apply and pay the first premium directly to each vendor following your retirement. Contact FBMC at 1-800-433-3036.
- **Deferred Compensation Plans** – If you participated in the optional deferred compensation plans provided by Nationwide or MissionSquare, you will need to contact the representatives of your respective plan identified above or below.



**The  
Standard**



**TASC**



**FBMC**



**Nationwide or  
MissionSquare**

<b>Nationwide Retirement Solutions:</b>	Al Pinzon	954-232-7615	<a href="mailto:pinzona@nationwide.com">pinzona@nationwide.com</a>
	Aaron Schwartz	305-439-9550	<a href="mailto:aaron.Schwartz@nationwide.com">aaron.Schwartz@nationwide.com</a>