



## LETTER TO THE COMMISSION

**LTC No: 26-077**

**TO:** Honorable Mayor and Members of the Fort Lauderdale City Commission  
**FROM:** Rickelle Williams, City Manager *RW*  
**DATE:** March 20, 2026  
**SUBJECT: Cigna 2025 Healthy Workforce Gold Designation**

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The purpose of this Letter to the Commission (LTC) is to advise the City Commission that the City of Fort Lauderdale has received the Gold Level of Cigna's Healthy Workforce Designation for 2025. This marks the third (3<sup>rd</sup>) year the City has earned this prestigious designation.

The City of Fort Lauderdale's wellness program was recognized for its strength in strategy and culture, as well as engagement and experience. The Gold Level designation is awarded to employers that have demonstrated:

- A commitment to nurturing a sustainable, healthy work culture through well-being strategies and initiatives;
- Senior leadership that offers extensive support of wellness programs;
- Programs and resources that support various dimensions of vitality;
- Communication that engages employees; and
- Metrics used to measure and evaluate the effectiveness of the wellness program.

This recognition reflects the continued commitment to the overall wellbeing of our employees by the Mayor and City Commission, City leadership, and staff across all departments who engage in the City's wellness programs. Special recognition is extended to the Benefits Division staff of the Human Resources Department, who serve as the City's wellness champions.

For more information on the City's wellness program, please contact Kristin Milligan, Deputy Human Resources Director, at [kmilligan@fortlauderdale.gov](mailto:kmilligan@fortlauderdale.gov) or (954) 828-5735.

### Attachment

1. Gold Designation

c: Shari McCartney, City Attorney  
David R. Soloman, City Clerk  
Patrick Reilly, City Auditor  
City Manager's Office  
Department Directors

Gold Recipient

# 2025 Healthy Workforce Designation

City of Fort Lauderdale



Congratulations on achieving the gold level of the Cigna Healthy Workforce Designation™.

Gold recipients are best aligned with the following criteria:

We have recognized multiple accomplishments from your evaluation that show your commitment to nurturing a sustainable, healthy work culture. Our team has also identified opportunities that can help further integrate vitality as part of your well-being program. Remember to take time to share the news of this achievement by using the assets in your promotional toolkit.

## Your Program Strengths

Workforce Insights

- Strategy & Culture
  - Health Equity & SDoH (Social Determinants of Health)
  - Dimensions of Vitality
- Engagement & Experience

Varied representation for the development and execution of well-being strategy, from leadership down, including general employees.

Spouses included in a variety of wellbeing programs, initiatives, resources and rewards.

## Your Program Opportunities

- Workforce Insights
  - Strategy & Culture
  - Health Equity & SDoH (Social Determinants of Health)
  - Dimensions of Vitality
- Engagement & Experience

Consider expanding use of workforce insights to inform wellbeing strategy and implement specific learning opportunities and enhanced screening services.

Opportunity to dive deeper to analyze insights for unique applications and measurable impact.



Contact your Cigna Healthcare® Account Team with any questions, and let's continue working together to nurture a healthy workforce.