



MAINTENANCE OF TRAFFIC (MOT) FORM

SECTION 1: APPLICANT INFORMATION

Applicant Name: Carly Pastwa Applicant Phone: 515-326-0799
 Applicant Email: cpastwa@medprostaffing.com
 Applicant Address: 1580 Sawgrass Corporate Pkwy, Suite 320, Sunrise, FL 33323
(Address, City, State, Zip Code)
 City Project Manager (if applicable): _____ Phone: _____
 Agency responsible for this project: City County FDOT Other: _____
 On-site/Emergency Contact Phone: 515-326-0799

SECTION 2: PROJECT INFORMATION

ENG Permit # (obtain from Department of Sustainable Development (DSD)): _____
 Project Name: 14th Annual Fort Lauderdale Turkey Trot
 Project Address: 3000 E Las Olas Blvd, Fort Lauderdale, FL 33316
(Address, City, State, Zip Code)

Specific Dates and Times Requested for MOT Implementation:

Please identify a start date that is at least two weeks from the submittal date. The approval of an MOT application may require up to two weeks from the time that all required documents are received by TAM staff.

Begin Date: 11/27/2025 Begin Time: 6:00 AM
 End Date: 11/27/2025 End Time: 10:00 AM

SECTION 3: PROJECT DETAILS

Partial or Shoulder Closure
 Full Road Closure (detour): Under 72 Hours
 Sidewalk Closure: Under 72 Hours
 Full Road/Sidewalk Closure: More than 72 Hours

Daily Setup/ Breakdown YES NO
 Using Crane in ROW* YES NO
 Parking Meters Impacted* YES NO

*Crane and parking meter mitigation must be done prior to MOT approval. Please refer to the MOT Guidelines for crane definitions.

SECTION 4: TYPE OF WORK DESCRIPTION

Please make sure to include the following information in the description:

- List the names of affected streets and the nearest intersection. Use complete street names, including directionals.
 - Describe the nature of the construction and any phasing plans. A separate MOT application is required for each phase.
 - Describe any specific safety hazards that the work may produce during construction (i.e., large holes, etc.).
- 5k Race hosted on Thanksgiving morning along A1A from Las Olas Oceanside Park up to Sunrise Blvd, and back to Las Olas Oceanside Park. Road closures include: 1. Eastern SB of Seabreeze Blvd from Access Rd to turnaround. 2. Western NB A1A from turnaround to Sunrise Blvd. 3. Eastern SB A1A to Las Olas Blvd. 4. Las Olas Blvd between Seabreeze Blvd & A1Q. See attached MOT drawings for traffic counterflow.

SECTION 5: FDOT DESIGN STANDARD INDEX DRAWING NUMBERS/MUTCD TYPICAL APPLICATION

(State which FDOT Standard Index 600 series will be followed. The indexes must include the north arrow and the names of the main and cross streets. Also, state whether trenches will be covered or backfilled during non-working hours.)
 Refer to index 102-600 Series



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SECTION 6: MOT DESCRIPTION

Please make sure to include the following information in the description:

- List the lanes that will be open and closed on each street and describe any necessary detours in detail. If detours are not required, please state that below.
- State if flagmen will be provided.
- State if the MOT will be continuous or intermittent. If intermittent, state the times of the day the MOT will be in effect.
- State any other special considerations related to this request.

1. See Section 4 and attached MOT drawings.
2. Flagmen will not be provided, but FLPD will be policing each road closure intersection.
3. MOT will only be in affect from 6 AM to 10 AM on 11/27/2025

SECTION 7: MOT FORM CHECKLIST (Provide one copy of each attachment.)

- | | |
|---|---|
| <input checked="" type="checkbox"/> Completed Required Signatures Form | <input checked="" type="checkbox"/> Certification(s) for Traffic Control Technician or Traffic Control Supervisor must be embedded on MOT plans along with FDOT indexes/MUTCD documents |
| <input checked="" type="checkbox"/> Color aerial(s)/MOT Plan with index overlay | <input type="checkbox"/> Plan of work (optional, but preferred) |
| <input checked="" type="checkbox"/> County and State approvals (if required) | |
| <input type="checkbox"/> Crane and Parking Mitigation (if required) | |
| <input checked="" type="checkbox"/> FDOT Index MUTCD Reference Drawing(s) | |

SECTION 8: ADDITIONAL COMMENTS

Please Note: The approval of an MOT application may require up to two weeks from the time that all required documents in the checklist above are received by TAM staff. Any rejected MOT submittal that is corrected and sent back will be considered a new submittal, which may require up to two additional weeks to approve. Additional time may be needed for more complex plans or plans requiring additional coordination/information.

In signing this application, I understand that separate City and/or County and/or State permits may be required for this project. Furthermore, I am aware that I am responsible for ensuring that the project is completed in accordance with the plans and specifications as stipulated in the permit approval condition.

Carly Pastwa
 (APPLICANT SIGNATURE)

 06/06/2025
 (DATE SIGNED)

Carly Pastwa, Race Director
 (PRINT NAME/TITLE)

As a consideration for the permission granted herein, Carly Pastwa agrees to indemnify and hold harmless the City of Fort Lauderdale for any damages, claims, or injuries that may result from the MOT plan approved under the PERMIT.

 (NAME OF COMPANY) BY: _____
 (COMPANY AUTHORIZED AGENT)

Office Use Only

MOT ID#: _____

ENG Permit#: _____



REQUIRED SIGNATURES FORM

Applicant must collect all required signatures. To expedite processing, individual signatures may be obtained and submitted to MOT@fortlauderdale.gov separately on this page. All signatures and comments must be submitted before two-week review process begins.

<p><u>Tanisha Stevens</u> Print Name</p>	<p><u>[Signature]</u> Signature</p>	<p><u>6/18/25</u> (Date)</p>
<p>Police Department 1300 W. Broward Boulevard Tel: 954-828-5477 <i>Call for Appointment</i> *Required only if MOT includes a detour for any direction of travel.</p>		<p>_____ (Date)</p>
<p>_____ Print Name</p> <p>_____ Signature</p> <p>Fire Rescue Department 528 N.W. 2nd Street Tel: 954-828-6800 <i>Call for Appointment</i> *Required only if MOT includes a detour for any direction of travel.</p>		<p>_____ (Date)</p>
<p>_____ Print Name</p> <p>_____ Signature</p> <p>Broward County Traffic Engineering Division 2300 W. Commercial Boulevard Tel: 954-847-2653 <i>Call for Appointment. Walk-ins NOT accepted.</i> *Required only if MOT/detour affects Broward County road or intersection.</p>		<p>_____ (Date)</p>
<p>After all applicable signatures are collected, applicant should submit the MOT plan and this routing form to the Transportation and Mobility Department at mot@fortlauderdale.gov.</p>		
<p>OFFICE USE ONLY</p>		
<p>Department Director's Signature (requested by City staff if required)</p>		
<p>_____ Print Name</p> <p>_____ Signature</p> <p>Transportation and Mobility Department 290 N.E. 3rd Avenue Tel: 954- 828-4997 Email: MOT@fortlauderdale.gov <i>Call for Appointment. Walk-ins and hard copies NOT accepted.</i></p>		<p>_____ (Date)</p>
<p>_____ Signature</p> <p>Transportation and Mobility Department Ben Rogers, Director</p>		<p>_____ (Date)</p>

A copy of the final permit and this MOT form shall be kept on site and be made available to the City inspector at all times.

Traffic modifications required for special events shall be coordinated through the Parks and Recreation's Special Events Department. Please call 954-828-4349 or email BHenry@fortlauderdale.gov.

MOT plans for City Capital Improvement Projects shall be coordinated through the City of Fort Lauderdale Public Works Department. Please call 954-828-5772 or email ralvarez@fortlauderdale.gov.

Office Use Only

MOT ID#: _____

ENG Permit#: _____



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MOT APPROVAL

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Katie Williams _____ Print Name Fire Rescue Department 528 N.W. 2 nd Street Tel: 954-828-6800 <i>Call for Appointment</i> *Required only if MOT includes a detour for any direction of travel.	 _____ Signature 6/18/25 _____ (Date)
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OFFICE USE ONLY

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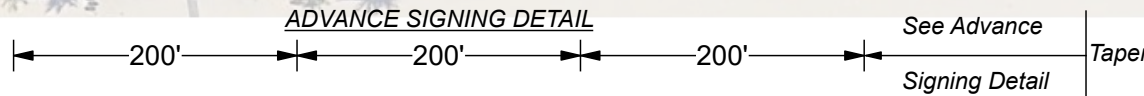
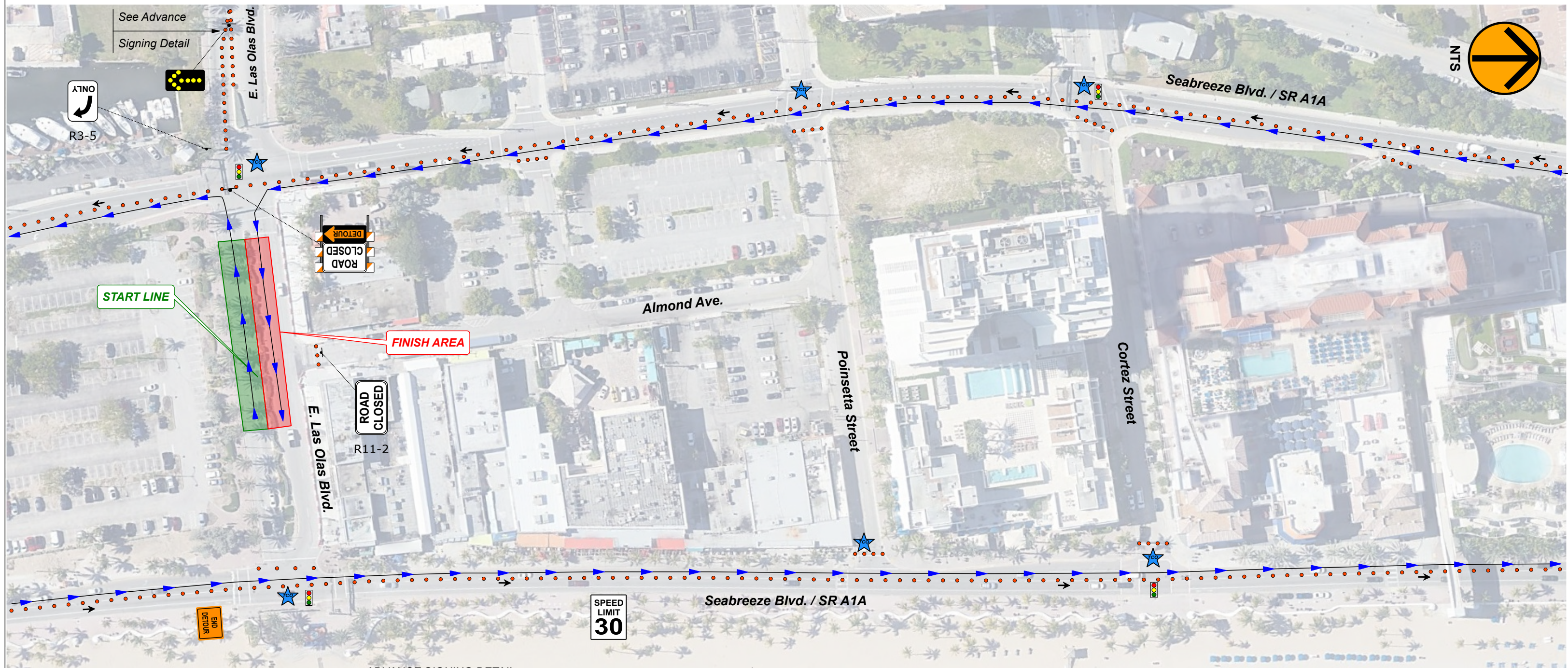
Martha Parfait _____ Print Name Transportation and Mobility Department 290 N.E. 3 rd Avenue Tel: 954- 828-4997 Email: MOT@fortlauderdale.gov <i>Call for Appointment. Walk-ins and hard copies NOT accepted.</i>	 _____ Signature 9/5/25 _____ (Date)
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 _____ Signature Transportation and Mobility Department Ben Rogers, Director	09/05/25 _____ (Date)
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Legend

- ??
- Existing Signalized Intersection
- Lane Identification + Direction of Traffic
- Race Path
- Traffic Control Officer
- 36 in. Reflective Cone
- Finish Area
- Posted Regulatory Speed Limit
- Start Area
- Type III Barricade

Company Information

Revisions			
No.	DATE	BY	DESCRIPTION

Project Information

2025 FT. LAUDERDALE TURKEY TROT
SHEET 3 OF 7
450 E. Las Olas Blvd., Ft. Lauderdale, FL

Maintenance of Traffic Plan



ARIEL GARCES
ALL AMERICAN BARRICADES, CORP.
ATSSA CERTIFICATE #619944

Ariel Garces

Ariel Garces

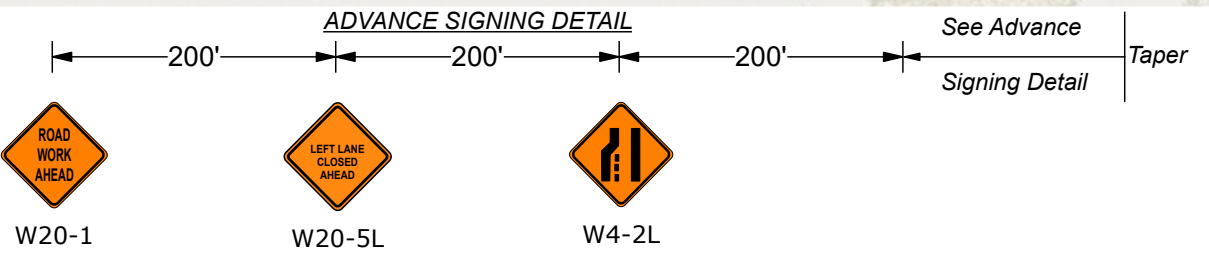
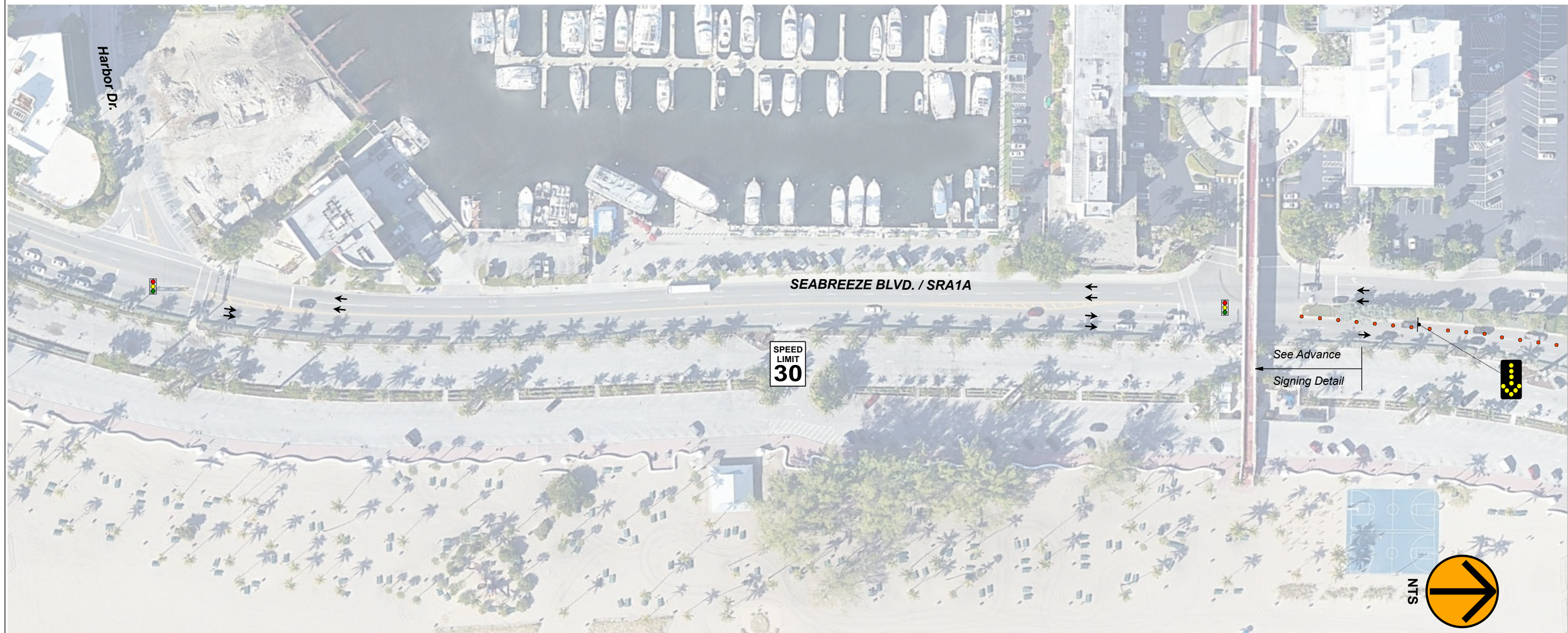
Certificate: 619944
Issued: 02/09/2024
Expires: 01/29/2028
Instructor: R

Has Completed a FDOT Approved Temporary Traffic Control: Advanced Course.

Training Provider:
Access Safety Compliance Training
11481 SW Rossano Ln.
Port St. Lucie, FL 34987
Ph: 561-350-8913

Verify this Certificate at www.motadmin.com.

2300 SW 41ST AVENUE
FT. LAUDERDALE, FL 33317
1-888-4 SAFETY (888-472-3389)
www.barricades.com
email: ariel@barricades.com



- Legend**
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FDOT
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Ariel Garces
 Has Completed a FDOT Approved Temporary Traffic Control: Advanced Course.
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 11481 SW Rossano Ln.
 Port St. Lucie, FL 34987
 Ph: 561-350-8913
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Company Information

Revisions			
No.	DATE	BY	DESCRIPTION

Project Information

2025 FT. LAUDERDALE TURKEY TROT
 SHEET 1 OF 7
 450 E. Las Olas Blvd., Ft. Lauderdale, FL

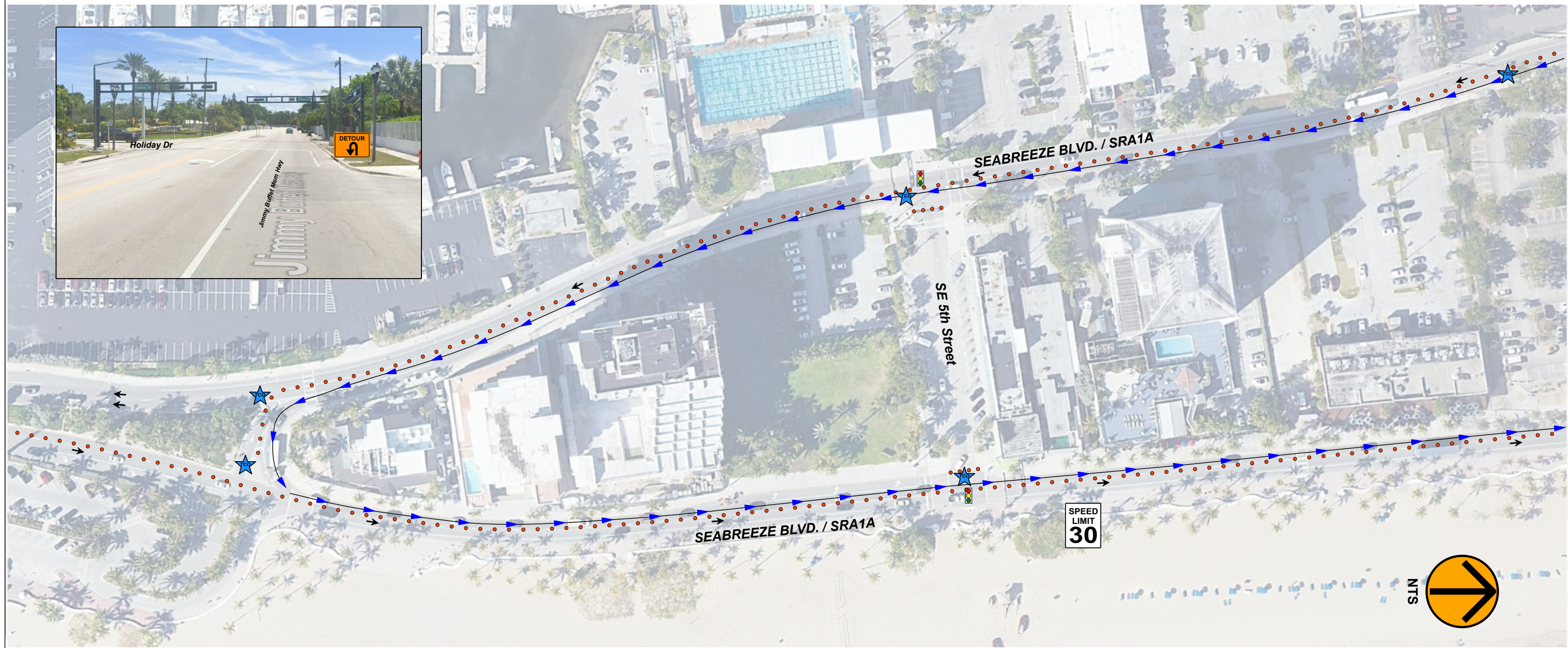
Maintenance of Traffic Plan



ARIEL GARCES
 ALL AMERICAN BARRICADES, CORP.
 ATSSA CERTIFICATE #60071

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<p>Has Completed a FDOT Approved Temporary Traffic Control: Advanced Course.</p> <p>Training Provider: Access Safety Compliance Training</p> <p>11481 SW Rossano Ln Port St. Lucie, FL 34987 Ph: 561-350-8913</p> <p><small>Verify this Certificate at www.motadmin.com.</small></p>	

Company Information

Revisions			
No.	DATE	BY	DESCRIPTION

Project Information

2025 FT. LAUDERDALE TURKEY TROT
SHEET 2 OF 7
450 E. Las Olas Blvd., Ft. Lauderdale, FL

Maintenance of Traffic Plan



ARIEL GARCES
ALL AMERICAN BARRICADES, CORP.
ATSSA CERTIFICATE #619944

Ariel Garces

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Issued: 02/08/2024	Training Provider: Access Safety Compliance Training
Expires: 01/29/2028	11481 SW Rossano Ln. Port St. Lucie, FL 34967 Ph: 561-350-8913
Instructor: L.R.	Verify this Certificate at www.motadmin.com .

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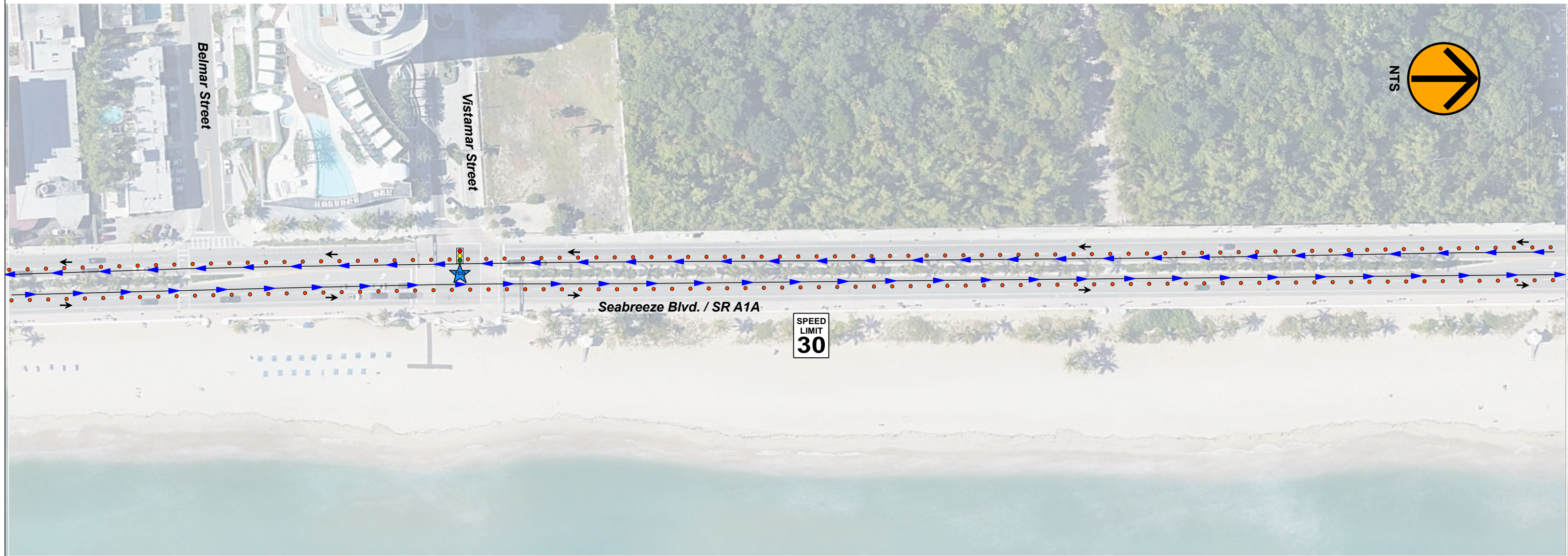
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Issued: 02/08/2024	Training Provider: Access Safety Compliance Training 11481 SW Rossano Ln. Port St. Lucie, FL 34987 Ph: 561-350-8913
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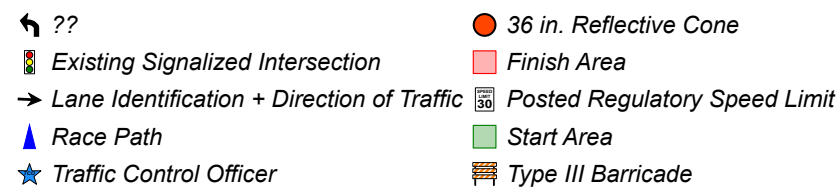
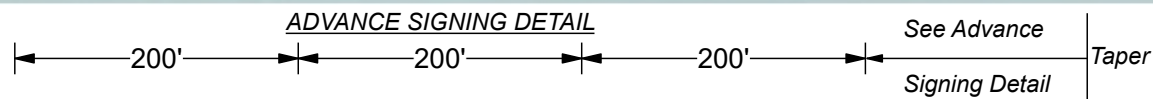
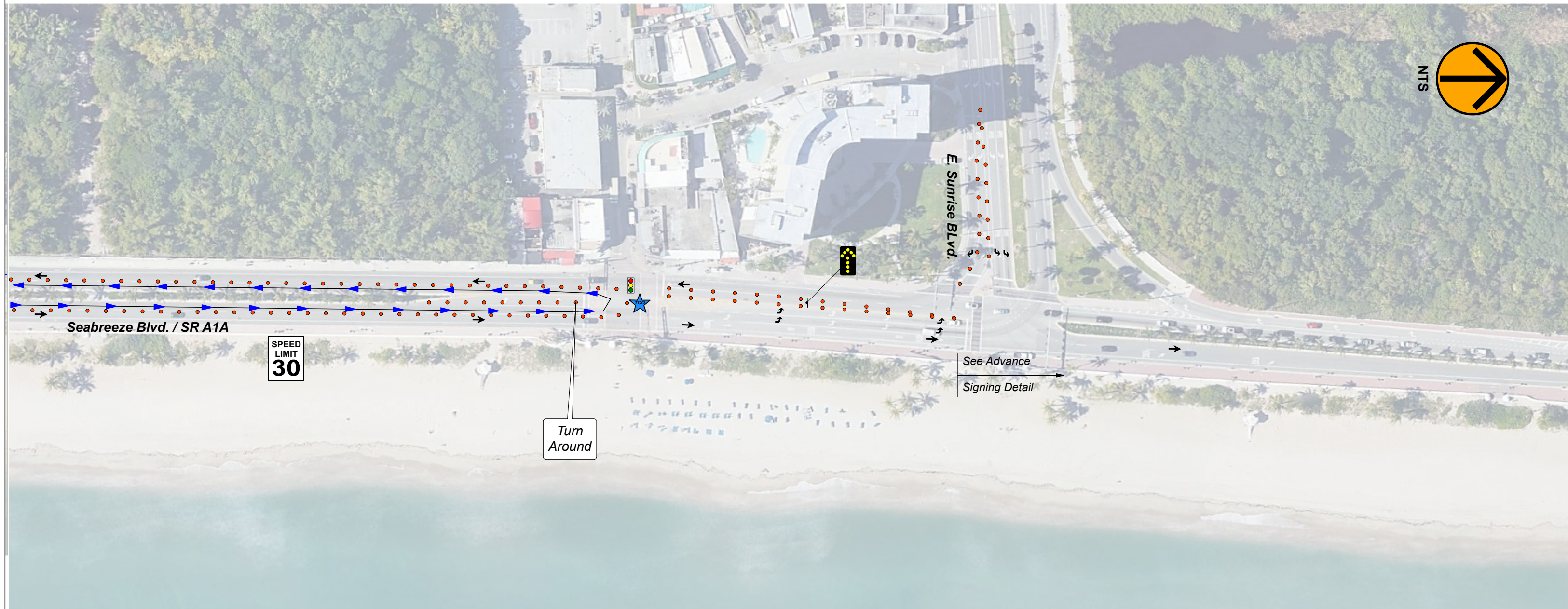
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General Traffic Plan (MOT) Notes:

- Copy of approved 11 x 17 (TCP) MOT drawing to be maintained onsite by contractor at all times.
- No changes to TCP/MOT drawing without prior consent of the approving government agency and All American Barricades.
- Access shall be given to local residents, public transportation and emergency response vehicles.
- Accommodations to be made for Pedestrian traffic should the work be in conflict with pathway(s). Refer to the FY2025-26 FDOT Standard Plans Index 102-660 for specifications.
- All MOT equipment to conform to the latest Manual On Uniform Traffic Control Devices (MUTCD), FDOT, APL with respect to approving agency permit provisions.
- Field conditions to be considered when placing MOT devices.
- TCP/MOT Plan NOT TO SCALE. Refer to FDOT Index 102-600 Series Distance Charts for device spacing and placement information.
- Posted Regulatory Speed Limit to be considered for device placement and distances.
- MOT device(s) placement on plans are an approximate and may be adjusted to suit existing field conditions.
- PLANS NOT TO SCALE.
- All American Barricades does not warrant the traffic control setup by others. The setup must be handled by personnel certified and licensed to handle traffic control.

Ariel Garces

Certificate: 619944

Issued: 02/08/2024

Expires: 01/29/2028

Inspector: R

Has Completed a FDOT Approved Temporary Traffic Control: Advanced Course.

Training Provider: Access Safety Compliance Training

11481 SW Rossano Ln.
Port St. Lucie, FL 34987
Ph: 561-350-8913

Verify this Certificate at www.motadmin.com.

Company Information

Revisions			
No.	DATE	BY	DESCRIPTION

Project Information

2025 FT. LAUDERDALE TURKEY TROT
SHEET 7 OF 7
450 E. Las Olas Blvd., Ft. Lauderdale, FL

Maintenance of Traffic Plan

ARIEL GARCES
ALL AMERICAN BARRICADES, CORP.
ATSSA CERTIFICATE #619944

Ariel Garces

2300 SW 41ST AVENUE
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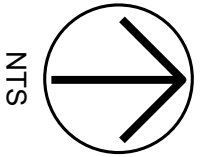
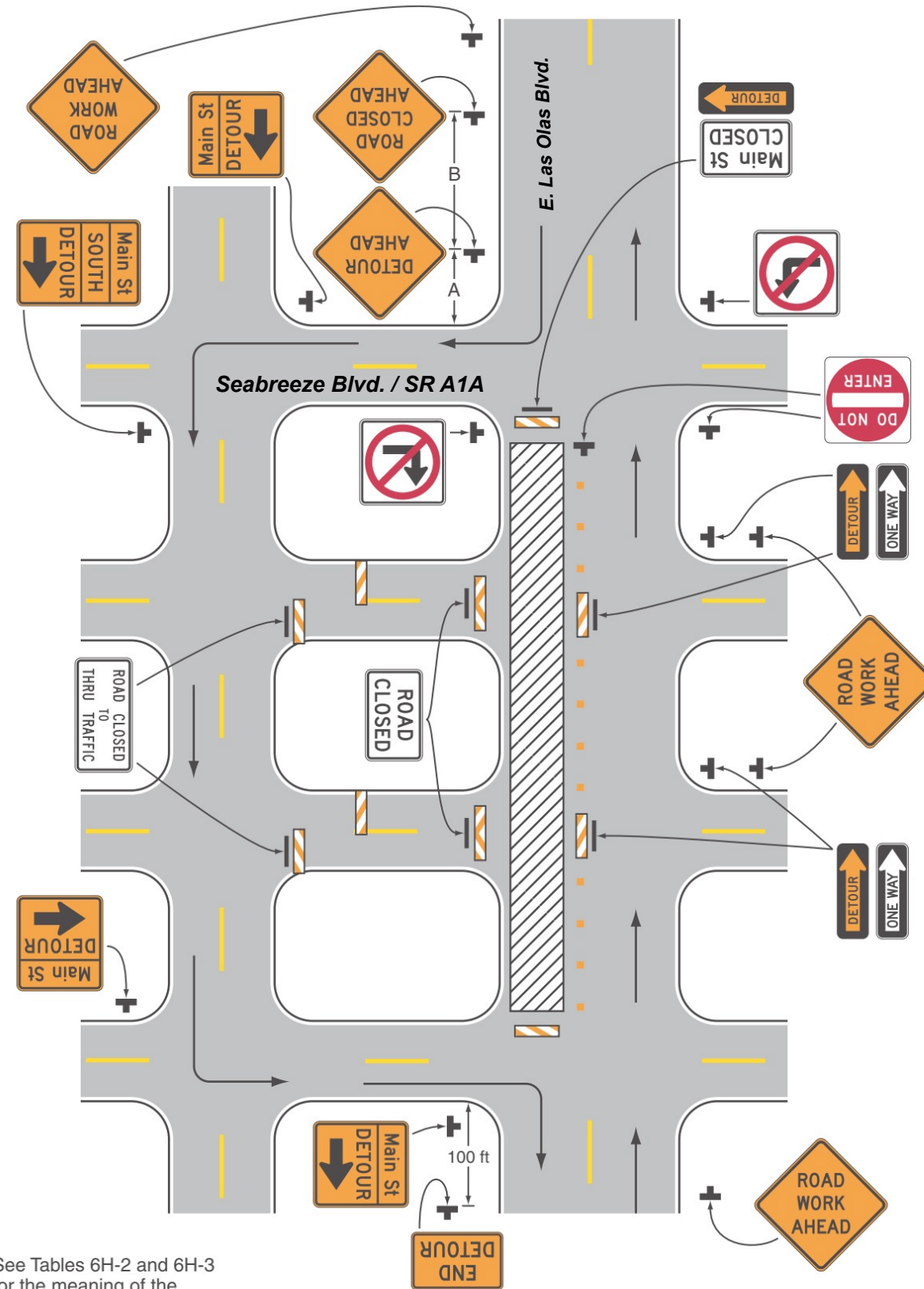


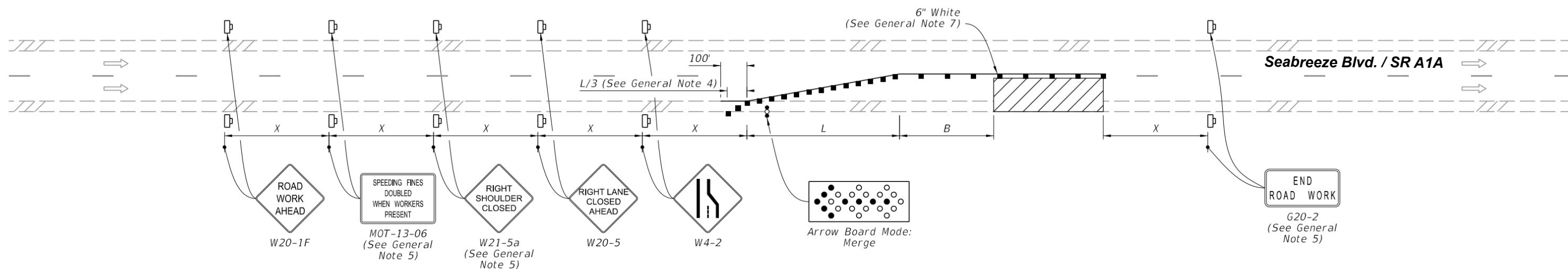
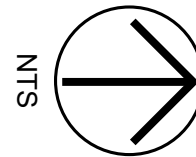
Figure 6H-19. Detour for One Travel Direction (TA-19)



Note: See Tables 6H-2 and 6H-3 for the meaning of the symbols and/or letter codes used in this figure.

Typical Application 19






	<i>Ariel Garces</i>
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SINGLE LANE CLOSURE

LEFT LANE CLOSURE

SYMBOLS:

-  Work Area
-  Channelizing Device (See Index 102-600)
-  Work Zone Sign
-  Arrow Board
-  Lane Identification and Direction of Traffic

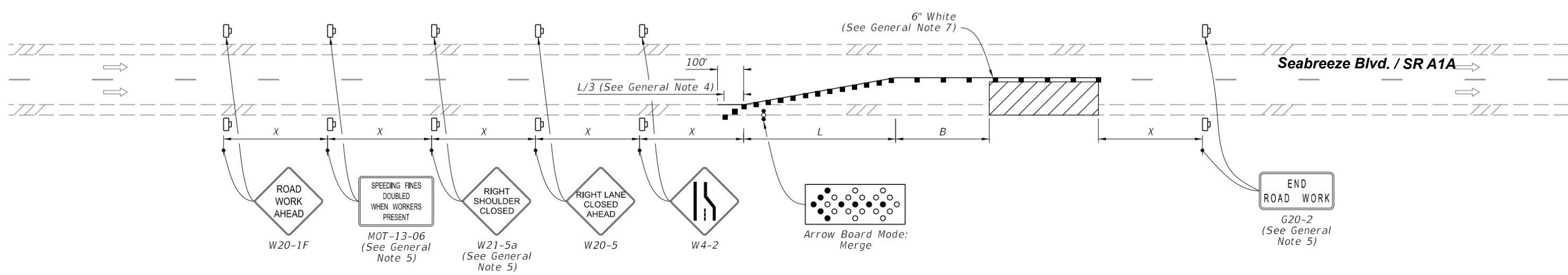
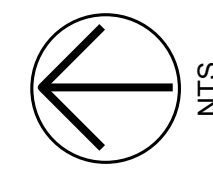
GENERAL NOTE:

1. L = Taper Length
B = Buffer Length
X = Work Zone Sign Distance
See Index 102-600 for "L", "B", "X", and channelizing device spacing values.
2. On undivided highways the median signs as shown are to be omitted.
3. On limited access facilities, omit "Right Shoulder Closed" signs (W21-5a) and associated work zone sign spacing distances.
4. If the paved shoulder is less than 4' in width, omit the taper and channelizing devices from the paved shoulder.
5. The "Speeding Fines Doubled When Workers Present" signs (MOT-13-06) and "End Road Work" signs (G20-2) and "Right Shoulder Closed" (W21-5a), along with associated work zone sign distances, may be omitted when the work operation will be in place for 24 hours or less. For Single Lane Closures, arrow boards and buffer (B) may also be omitted when the work operation will be in place for 60 minutes or less and the speed limit is 45 mph or less.
6. Use inverted plan of the illustrations for work on left side of roadways.
7. Temporary pavement markings may be omitted when the work operation is in place for 3 days or less.

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LAST REVISION 11/01/21	DESCRIPTION:	 FY 2025-26 STANDARD PLANS	MULTILANE ROADWAY, LANE CLOSURES	INDEX 102-613	SHEET 1 of 5
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SINGLE LANE CLOSURE
LEFT LANE CLOSURE

SYMBOLS:

- Work Area
- Channelizing Device (See Index 102-600)
- Work Zone Sign
- Arrow Board
- Lane Identification and Direction of Traffic

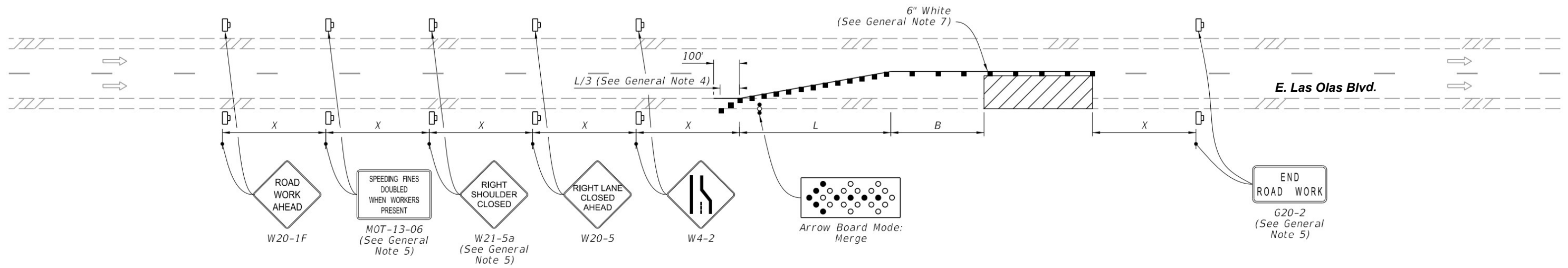
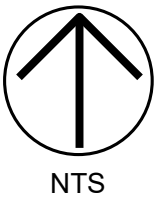
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6. Use inverted plan of the illustrations for work on left side of roadways.
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LAST REVISION 11/01/21	DESCRIPTION:	 FY 2025-26 STANDARD PLANS	MULTILANE ROADWAY, LANE CLOSURES	INDEX 102-613	SHEET 1 of 5
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SINGLE LANE CLOSURE
LEFT LANE CLOSURE

SYMBOLS:

- Work Area
- Channelizing Device (See Index 102-600)
- Work Zone Sign
- Arrow Board
- Lane Identification and Direction of Traffic

GENERAL NOTE:

1. L = Taper Length
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