

Staff & Volunteer Parking Until 11am

Barricade Trailer

Lap U-turn, Finish Left Sign

Bike In/Out

Timing Truck

Vendors

Food Area

Large Trailer

Finish Line

Small Trailer

Run In/Out

Restroom Building

Port-o-Johns put against building

Dumpster



163 ft

## **The Las Olas Triathlon consists of a swim, bike, then run.**

### **SWIM - Map # 1**

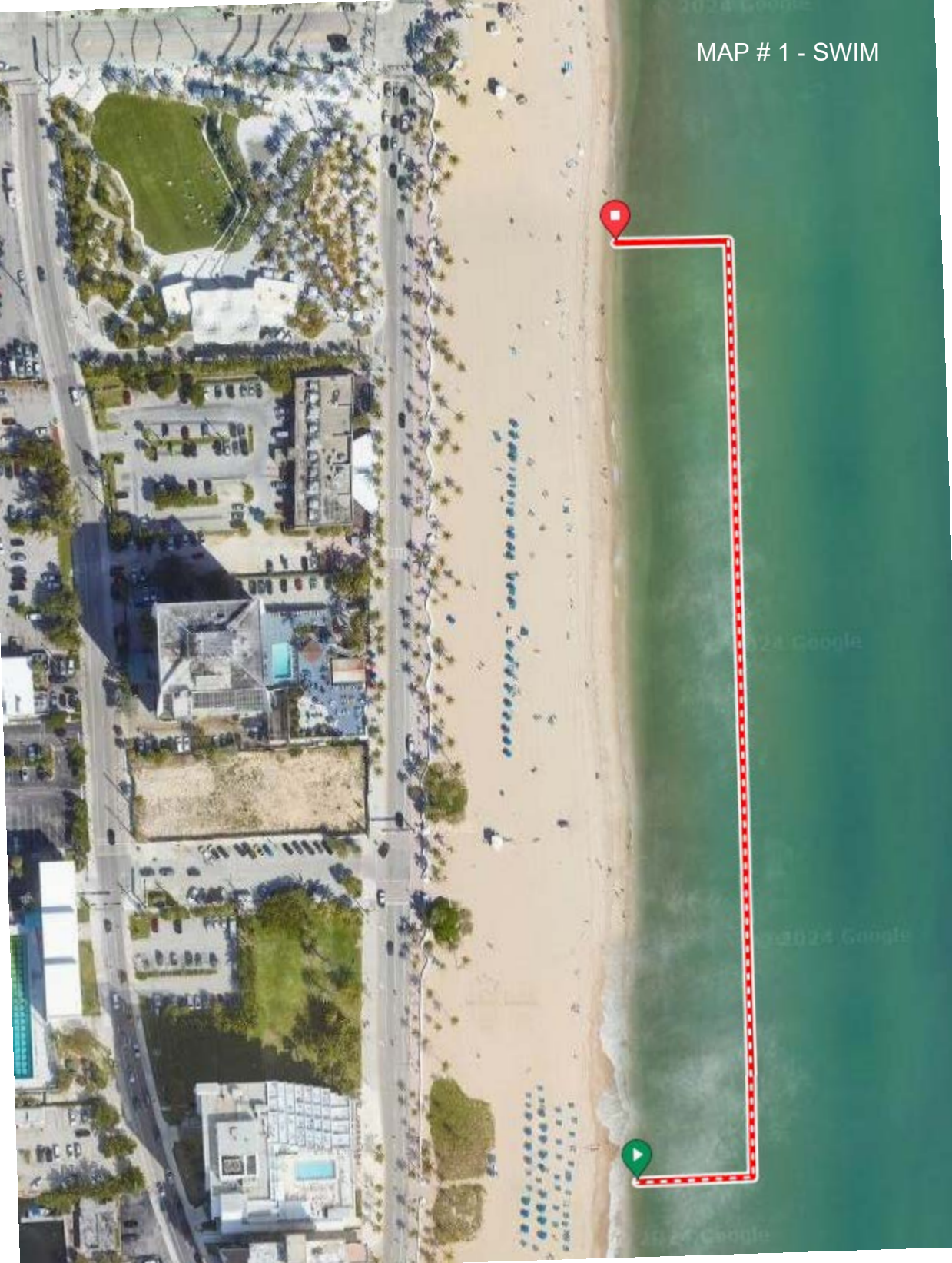
The swim starts at 3 different locations (400 meters, 800 meters, and 1500 meters) from the swim exit located right across from Las Olas Oceanside Park. The swim direction will be with the current so the start locations depend on the ocean conditions on race morning.

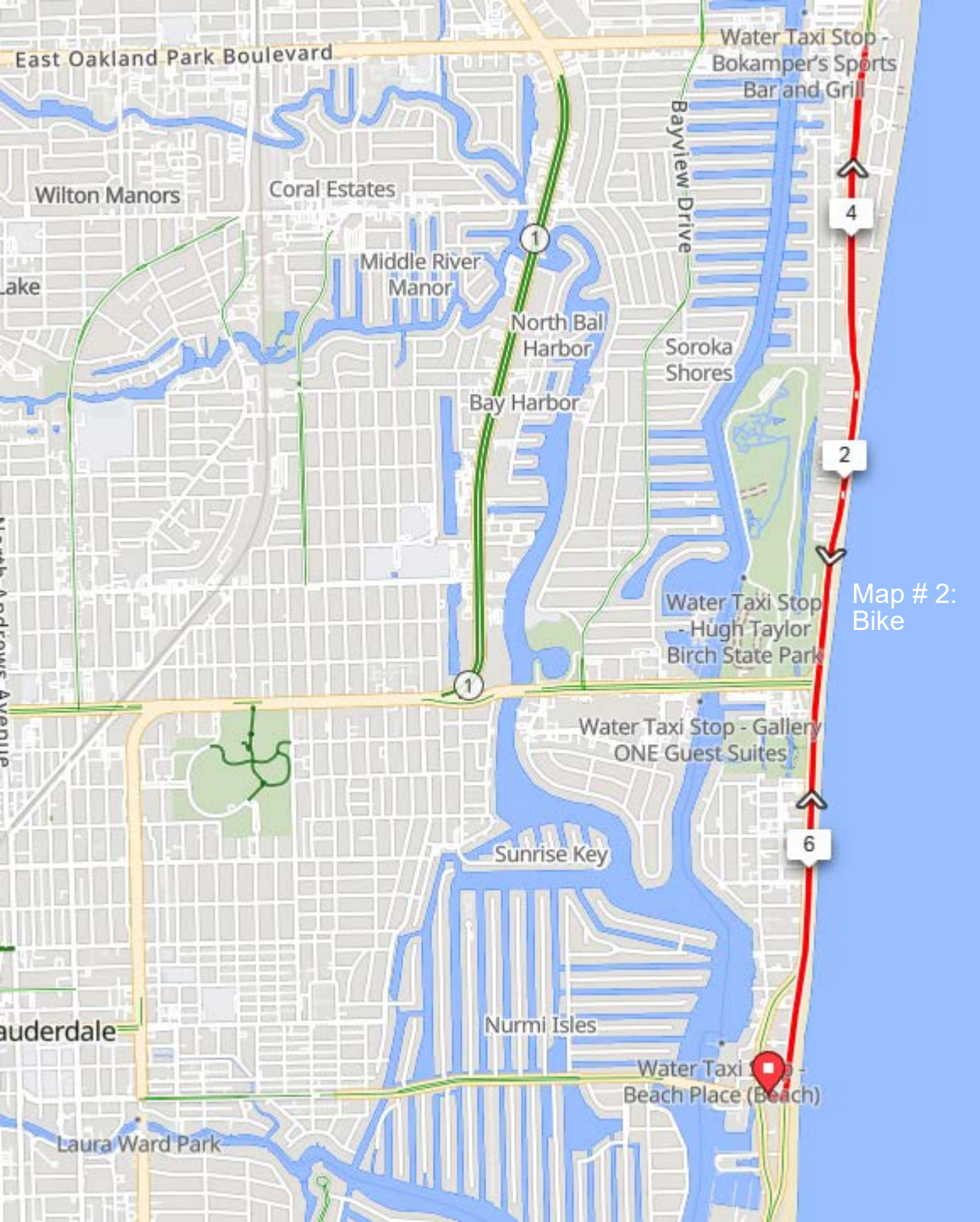
### **BIKE - Map # 2**

After swimming, participants will get on their bike and head north out of Las Olas Oceanside park to Oakland Park Boulevard before returning to the park. Short racers will do 1 lap, intermediate 2 laps, and Olympic 3 laps.

### **RUN - Map # 3**

After biking, participants will run south on A1A 0.4 mile to across from the Bahia Mar, then head back north 2.6 miles to NE 18th Street before reversing the route back to the finish line at Las Olas Oceanside Park. Shorter distance racers will turn around earlier at the 1 and 2 mile points.





East Oakland Park Boulevard

Water Taxi Stop -  
Bokamper's Sports  
Bar and Grill

Wilton Manors

Coral Estates

Middle River  
Manor

North Ball  
Harbor

Bayview Drive

Soroka  
Shores

Bay Harbor

4

2

Water Taxi Stop  
- Hugh Taylor  
Birch State Park

Map # 2:  
Bike

Water Taxi Stop - Gallery  
ONE Guest Suites

6

Sunrise Key

auderdale

Nurmi Isles

Water Taxi Stop -  
Beach Place (Beach)

Laura Ward Park

Map # 3:  
Run

